

Reference of the Purchasing Consultant for The Danish Library Center

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Semlov, Camilla: : Det næstbedste: når far og mor ikke bor sammen (The next best thing: when dad and mom don't live together) / author: Camilla Semlov ; editor: Rikke Finland. – Indblik. – 236 pages. – DK 30.1752

Application/ target group/ level

A combined handbook and personal account of succeeding in cooperation concerning the children when mom and dad split up. A useful, inspiring perusal for divorced parents (and step-parents). Easily read, constructive and empathic sharing of experience, avoid of legal and technical terms.

Description

The author is a family counselor, divorced from her child's father and both partners are now in new relationships. Her personal story fills most of the book that gives good advice and instructions as how to behave in the best possible way in relation to the ex-partner, the new step-parents and, not least, the children. Professionalism, empathically communicated, check lists as well as a questionnaire can aid the reader towards constructive relations to an ex and in avoiding more harm done to the child than is absolutely necessary.

Conclusion

An easily read sharing of experience by a professional, whose personal divorce account is the mainstay of the book. Divorced parents are advised as how to help the child as leniently as possible through the break-up and as how to handle problems such as jealousy, sorrow, relations to step-parents and step-siblings. Realistic handbook that honestly meets the reader at his/her level with empathy and good tools to handle a break-up.

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